

The American Association of Chinese Medicine and Acupuncture Response to the COVID-19 Epidemic

April 30, 2020

1, On February 3, 2020, the 18 members COVID-19 response task force was established by the association's Board of Supervisors. The task force held 9 teleconferences between Feb. 3 and April 25, 2020, command and coordinate various works, and guided nearly 500 members to help patients with Chinese medicine through telehealth. Up to date, none of our members caught COVID-19.

2. Wrote a letter to Mr. Pence, the Vice President of the United States who in charge of the COVID-19 response in the U.S., CDC, and the Speaker of the Congress, suggesting that Chinese medicine could be a mean to fight against the pandemic.

3. Raised funds from members and relatives and friends, donated a total of \$ 20500 to the Hubei Province Integrated Hospital, N95 masks worth of \$1500 to the Chinese Hospital in San Francisco, and Chinese herbal medicine worth \$4500 to some of the western medicine hospitals, clinics and medical colleges.

4. With reference to China's Diagnosis and Treatment Protocol for COVID-19(Trial Version 7) - Traditional Chinese medicine (TCM) treatment, timely modified and updated to the version suitable to the US practice: "The Practical Recommendations for Acupuncturists for Prevention and Control of COVID-19" that has been updated to the fourth edition. Recently, we have also established a Guidelines for the Re-opening of an Acupuncture Practice in the U.S.

5. Set up a planning group to help acupuncturists to work for the COVID-19 Temporary Hospitals in San Francisco Bay Area, and wrote a letter providing evidence of safety and effectiveness of acupuncture treatment for COVID-19 to the governor and politicians of California, and got their timely response. Thanks to the helps of research data retrieving from the WFAMS, Shanghai University of Chinese Medicine and Stanford University statisticians, the relevant evidence was collated in time. At the same time, with reference to the WFAMS Guidelines, some experts from both China and the United States were organized and established *The Acupuncture Protocols on the Prevention and Treatment of COVID-19 (for acupuncturists and physicians)*.

6. Invite the frontline physicians in Wuhan, China to give lectures to share their experience in the diagnosis and treatment of the COVID-19. Organized members to participate in the WFAMS's lectures of this kind.

7. Provide our members with the Consent Form of Using Chinese Herbal Medicine. Invited liability insurance companies to introduce the precautions for the use of traditional Chinese herbal medicine during the pandemic time.

8. Carry out various online activities self-organized by members, such as exercises, gourmet cooking, photography competitions, poetry recitation, etc., to relieve the stress of members. And six kinds of exercises in Chinese and English compiled by Shanghai Qigong Institute were published on YouTube to guide patients to exercise.

9. Improved our website and partially translated the materials of the Chinese medicine treatment on COVID-19 in China into English and put them on the website for retrieval by those who need them. Our website is www.aacmaonline.com

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President of the American Association of Chinese Medicine and Acupuncture